



(Mon-Thur: September 8 – December 12)

NOTE: Registration begins Tuesday, July 1 beginning at midnight via the Vendor's Websites and ends on Friday, August 22 at midnight. If you have an outstanding balance with Harvard <u>Eagle's Nest, you must pay the balance before registering in any Enrichment Class.</u> Registration and payments will be processed by each vendor (NOTE: Registration links are posted for each class listed below and at the end of each class description.) Be sure to read all info Vendors provide on their registration sites. Their registration sites include the costs of classes as well as any additional costs associated with supplies, uniforms, etc. In addition, you will also find information regarding class attire, student expectations, class descriptions, policies of refunds, etc. For any additional information, you are to contact the Vendor directly (contact info on each of their links.) Thank you.

Vendor Registration Links

American Robotics Academy: Tuesday – Code Critters https://campscui.active.com/orgs/AmericanRoboticsAcademyHouston?season=3654537&session=66872137 Tuesday – Imagineers in Gears https://campscui.active.com/orgs/AmericanRoboticsAcademyHouston?season=3654537&session=66873437 Thursday – Ultimate Robotics Experience https://campscui.active.com/orgs/AmericanRoboticsAcademyHouston?season=3654537&session=66873037

Hamp's Camp: www.hampscamp.org

Houston Healthy Hip Hop: www.houstonhealthyhip-hop.com

Mad About Hoops: www.MadAboutHoops.com

Mad Science: <u>https://houston.madscience.org/parents-register-a.aspx</u>

The Knight School: <u>https://bit.ly/f25chess-hes</u>

Classes offered for Fall 2025

Monday: Ballet (K-5th), Bollywood (K-5th), Group Piano (2nd-3rd), Choir (2nd-5th), Yoga (1st-5th)

<u>Tuesday:</u> Code Critters (1st-2nd), Group Guitar (2nd-3rd), Group Piano (4th-5th), Hip Hop (K-5th), Imagineers (PK-K), Magic of Matter (3rd-5th), Paint Explorers (K-5th)

<u>Wednesday:</u> Chess (K-5th), Fencing (1st-5th), Group Guitar (4th-5th), Magic of Matter (K-2nd), Theater (2nd-5th)

<u>Thursday:</u> Cheerleading (K-5th), Martial Arts (K-5th), Mindfulness (3rd-5th), Ultimate Robotics Experience (3rd-5th)

Friday: Mad About Hoops (K-5th)





(Mon-Thur: September 8 – December 12)

MONDAY

Ballet/K-5th/13 Monday/3:15-4:15 by Houston Healthy Hip-Hop

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Class Description: Our afterschool ballet program offers children a wonderful opportunity to explore the elegance and discipline of ballet in a supportive and nurturing environment. Through engaging lessons, our young dancers develop grace, confidence, and a love for the art of dance, all while having fun and making new friends.

Vendor Description: Houston Healthy Hip-Hop has been in business for over 15 years with HISD, Spring ISD, Alief ISD, Pasadena ISD, Galena ISD and several non-profits. We offer a variety of Art, Dance, Martial Arts and Sports Classes to children in the Houston Community, such as Art Multimedia, Martial Arts, Baile Folklorico, Ballet, Hip-Hop, Cheer and a variety of Sports.

NOTE: This class will form with a Minimum of 10 students and a Maximum of 20 students. Students who register for this will participate in an end of year performance which will be scheduled during the final session. Girls must wear pink leotards, ballet shoes in class. Links will be provided to purchase practice attire.

Please visit our website to learn more and for registration, payment and refund policies: <u>www.houstonhealthyhip-hop.com</u>

Bollywood Dance/K-5/13 Monday/3:15-4:15 by Houston Healthy Hip-Hop



Class Description: Bollywood dancing is a colorful, dynamic, and highly theatrical dance style seen in Indian films. It's a combination of different forms of dance like salsa, hip hop, folk dance of India, contemporary jazz, and funk. Dancing on the songs of Bollywood movies, Bollywood dancing involves full body movements through which kids learn better eye hand coordination, learning of the steps sequence, socializing, learn to

be expressive, learning of language, words and its meaning, self-confidence, eliminating performance fear, getting strength and work well with body flexibility. Students who register for this will participate in an end of year performance which will be scheduled during the final session.

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Classical Dance Kathak, Indian Folk Dances as well as Bollywood dancing sessions of all ages. Serving the society through dance classes in different areas of Houston, Pearland, Katy and to encourage folks/students who wanted to pursue dance for passion, profession and for true learning. Steps For Dancing serves after school programs in HISD different schools with a principle of providing a safe, conducive, fun learning environment.

NOTE: This class will form with a Minimum of 10 students and a Maximum of 15 students. Attire must be comfortable and suitable for Bollywood dance movements.

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(Mon-Thur: September 8 – December 12)

Group Piano/2nd-3rd/13 Monday/3:15-4:15 by Hamp's Camp



Class Description: Let your child discover the joy of running their fingers on a piano keyboard in a supportive, fun, and creative environment alongside their peers! These small group piano lessons are designed to teach students to explore basic music theory, rhythm, keyboard skills and proper finger placement, while developing a strong foundation in music. No experience needed – perfect for the beginner student with a love for music and a willingness to learn.

Vendor Description: Welcome to Hamp's Camp Inc After-School Sports Program, where we believe in fostering not just athletic abilities but also teamwork, discipline, and personal growth in children. Our program offers a diverse range of sports activities designed to keep kids active, engaged, and having fun during the after school hours. "Our mission is to provide a safe, inclusive, and supportive afterschool environment where children can engage in various sports activities. We aim to promote physical fitness, develop fundamental sports and performing skills, and foster confidence, teamwork and sportsmanship. Through our program, we strive to instill a lifelong love for sports and healthy habits in the participants, empowering them to grow as individuals both on and off the field."

NOTE: This class will form with a Minimum of 4 students and a Maximum of 6 students. For your child to build on each lesson attended, they will be given lessons to take home and must must must practice them daily at least 30 minutes at home. Thus, you must have a keyboard or piano in your home for your child to practice. Keep in mind there will be an end of semester demo; thus your child must be able to play successfully at least 3 songs for the demo in order to participate in the demo as it is vital your child feels successful and proud of their hard work.. A strong emphasis on practicing at home!!!

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Choir/2nd-5th/13 Monday/3:15-4:15 by Hamp's Camp



Class Description: Let your child discover the joy of singing in a supportive, fun, and creative environment! The lessons are designed to help young singers explore their voices, build confidence, and develop healthy vocal habits through ageappropriate songs and engaging musical activities. Students will learn: Proper breathing and posture for singing, Pitch-matching and vocal tone development,

Basic music theory (rhythm, melody, dynamics), Song interpretation and expressive performance, and Ensemble singing, listening, and teamwork. Each class includes vocal warm-ups, movement, ear training, and group singing, A diverse repertoire-including folk songs, seasonal pieces, musical theatre, and popular tunes-keeps students inspired and excited to sing. This class nurtures each child's unique voice while fostering community, creativity, and a lifelong appreciation for music. No prior experience required—just a love for music and a willingness to try!

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sportsmanship. Through our program, we strive to instill a lifelong love for sports and healthy habits in the participants, empowering them to grow as individuals both on and off the field."

NOTE: This class will form with a Minimum of 6 students and a Maximum of 16 students. Your child must be prepared to enjoy their voice and, of their peers. For your child to build on each lesson attended, they will be given lessons to take home and **must must must practice** them daily at least 30 minutes at home. Keep in mind there will be an end of semester demo; thus your child must be able to sing up to 3 songs successfully for the demo in order to participate in the demo as it is vital your child feels successful and proud of their hard work. A strong emphasis on practicing at home!!! Please visit our website to learn more and for registration, payment and refund policies: www.hampscamp.org

Yoga/1st-5th/13 Monday/3:15-4:15 by Hamp's Camp



Class Description: This playful and calming class introduces children to the fundamentals of yoga through fun poses, breathing exercises, and mindfulness activities. Designed to improve flexibility, balance, and focus, it also encourages relaxation and emotional well-being. Perfect for kids of all ages, this class helps them build body awareness while having fun and relieving stress!

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NOTE: This class will form with a Minimum of 10 students and a Maximum of 20 students.

Be sure your child brings their filled water bottle and they wear comfortable attire appropriate for Yoga. **Please visit our website to learn more and for registration, payment and refund policies:** <u>www.hampscamp.org</u>





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TUESDAY

Code Critters/1st-2nd /13 Tuesday/3:15-4:15 by American Robotics Academy



Class Description: Let's meet INDI! This workshop is all about revving up STEAM learning with the INDI robot. This workshop is entry level robot that is designed to introduce early learners to the fundamentals of computational thinking, STEAM, and computer science principles. INDI encourages open ended, imaginative play-based learning with real-life scenarios as leaners build custom mazes, solve puzzles, and

drive. As students learn pattern recognition, creating and using algorithms, decomposition, and understanding abstractions they will become better thinkers and problem solvers. Learning stages your child will be introduced to using INDI. • Exploration – All learners will benefit to freely explore something new in every lesson. • Skill Building – Skill building highlights the skills used during a specific activity. • Challenge- Learners will apply their skills and ideas to successfully complete a challenge.

Vendor Description: American Robotics Academy aims to excite, inspire and motivate students in grades K-4 about the importance of engineering, robotics and coding technology. The curriculum is grade level based.

NOTE: Some workshops require a student to read the instructions. Upon registering your child, please be prepared to provide the following required information: STUDENT NAME, GRADE, CLASSROOM TEACHER, ALL PARENT NAMES AND CONTACT INFORMATION, ALLERGIES, ANY PERSONS AUTHORIZED TO PICK UP (INCLUDING CONTACT INFORMATION), AND IF YOUR CHILD ATTENDS YOUR CAMPUS EXTENDED DAY/AFTER SCHOOL PROGRAM. No refunds are given for student absences. This class will form with a Minimum of 7 students and a Maximum of 16 students.

Please visit our website to learn more: <u>https://roboticsacademy.com</u>

A 15% processing fee will be applied to all refunds prior to the second class starting. Withdrawals done after the start of the second class are not subject to a refund. Refunds are not issued for student absences. In addition, for registration, payment and any other information:

https://campscui.active.com/orgs/AmericanRoboticsAcademyHouston?season=3654537&session=66872137

Group Guitar/2nd-3rd/13 Tuesday/3:15-4:15 by Hamp's Camp



Class Description: Let your child discover the joy of strumming on their guitar in a supportive, fun, and creative environment! These small group guitar lessons are designed to teach students to learn proper finger placement, basic chords, strumming, read music notation and play simple songs. No prior experience required—just a love for music and a willingness to learn how to play the guitar in a fun way! This is a basic

class to build a foundation for future playing. **Vendor Description:** Welcome to Hamp's Camp Inc After-School Sports Program, where we believe in fostering not just athletic abilities but also teamwork, discipline, and personal growth in children. Our program offers a diverse range of sports activities designed to keep kids active, engaged, and having fun during the after school hours. "Our mission is to provide a safe, inclusive, and supportive afterschool environment where children can engage in various sports activities. We aim to promote physical fitness, develop fundamental sports and performing skills, and foster confidence, teamwork and





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sportsmanship. Through our program, we strive to instill a lifelong love for sports and healthy habits in the participants, empowering them to grow as individuals both on and off the field."

NOTE: This class will form with a Minimum of 4 students and a Maximum of 6 students. Your child must be prepared to enjoy learning to play the guitar alongside their peers. For your child to build on each lesson attended, they will be given lessons to take home and **must must must practice** them daily at least 30 minutes at home. Keep in mind there will be an end of semester demo; thus your child must be able to play at least 3 songs successfully for the demo in order to participate in the demo as it is vital your child feels successful and proud of their hard work.. A strong emphasis on practicing at home!!! Your child must bring their own guitar that is of proper fitting for their size. For proper sizing of a guitar for your child, visit a store that sells guitars. Their staff will assist you with the proper size for your child. REQUIRED to bring their guitar to each class. The instructor will not have extra guitars. **Please visit our website to learn more and for registration, payment and refund policies:** www.hampscamp.org

Group Piano/4th-5th/13 Tuesday/3:15-4:15 by Hamp's Camp



Class Description: Let your child discover the joy of running their fingers on a piano keyboard in a supportive, fun, and creative environment alongside their peers! These small group piano lessons are designed to teach students to explore basic music theory, rhythm, keyboard skills and proper finger placement, while developing a strong foundation in music. No experience needed – perfect for the

beginner student with a love for music and a willingness to learn.

Vendor Description: Welcome to Hamp's Camp Inc After-School Sports Program, where we believe in fostering not just athletic abilities but also teamwork, discipline, and personal growth in children. Our program offers a diverse range of sports activities designed to keep kids active, engaged, and having fun during the after school hours. "Our mission is to provide a safe, inclusive, and supportive after-school environment where children can engage in various sports activities. We aim to promote physical fitness, develop fundamental sports and performing skills, and foster confidence, teamwork and sportsmanship. Through our program, we strive to instill a lifelong love for sports and healthy habits in the participants, empowering them to grow as individuals both on and off the field."

NOTE: This class will form with a Minimum of 4 students and a Maximum of 6 students. For your child to build on each lesson attended, they will be given lessons to take home and **must must must practice** them daily at least 30 minutes at home. Thus, you must have a keyboard or piano in your home for your child to practice. Keep in mind there will be an end of semester demo; thus your child must be able to play successfully at least 3 songs for the demo in order to participate in the demo as it is vital your child feels successful and proud of their hard work.. A strong emphasis on practicing at home!!!

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Hip Hop/K-5th/13 Tuesday/3:15-4:15 by Houston Healthy Hip-Hop



Class Description: Students will learn various hip-hop dance styles, techniques, and choreography while expressing themselves creatively. It's a fun way to improve physical fitness, coordination, teamwork, and self-esteem through dance.

Vendor Description: Houston Healthy Hip-Hop has been in business for over 15 years with HISD, Spring ISD, Alief ISD, Pasadena ISD, Galena ISD and several non-profits. We offer a variety of Art, Dance, Martial Arts and Sports Classes to children in the Houston Community, such as Art Multimedia, Martial Arts, Baile Folklorico, Ballet, Hip-Hop, Cheer and a variety of Sports.

NOTE: This class will form with a Minimum of 10 students and a Maximum of 15 students. Attire for this class must be comfortable loose clothing (no skirts allowed), sneakers only (NO crocs, sandals, boots). Anyone wearing skirts or crocs, sandals, boots will not participate in the class instruction. No exceptions.

Please visit our website to learn more and for registration, payment and refund policies: www.houstonhealthyhip-hop.com

Imagineers in Gears/PK-K/13 Tuesday/3:15-4:15 by American Robotics Academy



Class Description: Let your imagination and ideas take you wherever you want to go! You will learn engineering key concepts and fundamentals building with LEGO elements from the creative tool kit. Learning as we go numeracy, literacy and much more. Students will be challenged to use LEGO pieces to create a structure or setting using LEGO elements. Students will engage with hands-on experience including fun

and problem-solving activities and be encouraged to tell a story about their creations. Your student will be offered special pieces for their builds to complete their story. Students will learn to identify build pieces and their function required to build structures towards the next step into Robotics. This program offers STEM-STEAM curriculum as well diversity, self-esteem, social competency, collaboration and more. Concepts and core values are taught to prepare students for life challenges. This course is designed as an introduction to robotics where students will learn about the different lego elements and their functions, as well begin simple non-motorized builds. This is a beginners workshop where your student will not be required to read to follow instructions.

Vendor/Teacher Description: American Robotics Academy aims to excite, inspire and motivate students in grades PK-8 about the importance of engineering, robotics and coding technology. The curriculum is grade level based.

NOTE: Some workshops require a student to read the instructions. Upon registering your child, please be prepared to provide the following required information: STUDENT NAME, GRADE, CLASSROOM TEACHER, ALL PARENT NAMES AND CONTACT INFORMATION, ALLERGIES, ANY PERSONS AUTHORIZED TO PICK UP (INCLUDING CONTACT INFORMATION), AND IF YOUR CHILD ATTENDS YOUR CAMPUS EXTENDED DAY/AFTER SCHOOL PROGRAM. No refunds are given for student absences. This class will form with a Minimum of 7 students and a Maximum of 16 students.

Please visit our website to learn more: <u>https://roboticsacademy.com</u>

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https://campscui.active.com/orgs/AmericanRoboticsAcademyHouston?season=3654537&session=66873437

Magic of Matter/3rd-5th/13 Tuesday/3:15-4:15 by Mad Science



Class Description: In this engaging STEM program, kids explore a variety of science topics and learn about the wonders of both life science and physical science. They explore themes and answer questions such as "What makes your hair stand up?", "Is it a magnet or is it magic?". Mad Science will provide all classroom supplies and a take-home project for each student.

Vendor Description: With over 30 years of experience, Mad Science of Houston sparks curiosity and inspires a lifelong love of science through fun, hands-on activities and exciting demonstrations. Our TEKS-aligned programs support STAAR readiness by turning classrooms into in-school science field trips—engaging students with real tools and over 200 exciting topics. Just like medical students need real instruments to learn, young scientists need hands-on experiences to truly understand science. That's exactly what we deliver: fun, educational, and impactful science enrichment that makes learning unforgettable.

NOTE: This class will form with a Minimum of 10 students and a Maximum of 15 students. Refund Policy: A 15% processing fee will be applied to all refund requests prior to the 2nd class starting. Withdrawals done after the start of the second class is not subject to a refund. Refunds will not be issued for classes missed by the child. Please visit our website to learn more and for registration, payment and refund policies:

https://houston.madscience.org/parents-registera.aspx

Paint Explorers/K-5th /13 Tuesday/3:15:4:15 by Houston Healthy Hip-Hop



Class Description: Paint Explorers is a fun, hands-on painting class where young artists go on a creative adventure each session! From wild jungles to starry skies, students explore famous art styles, bold techniques, and exciting themes—bringing home a unique canvas masterpiece every time. Perfect for curious kids who love to imagine, create, and express themselves through color!

Vendor Description: Houston Healthy Hip-Hop has been in business for over 15 years with HISD, Spring ISD, Alief ISD, Pasadena ISD, Galena ISD and several non-profits. We offer a variety of Art, Dance, Martial Arts and Sports Classes to children in the Houston Community, such as Art Multimedia, Martial Arts, Baile Folklorico, Ballet, Hip-Hop, Cheer and a variety of Sports.

NOTE: This class will form with a Minimum of 10 students and a Maximum of 15 students. Students who register for this will participate in an end of year performance which will be scheduled during the final session.

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<u>WEDNESDAY</u>

Chess/K-5th/13 Wednesday/3:15-4:15 by The Knight School



Class Description: The Knight School has finally perfected the chess class and is sweeping the nation with this hilarious, kid-focused, amazingly cool approach to a big, fun, and genuinely thrilling experience. Grandpa's boring chess class has now evolved into The Knight School's chess parties! TKS is the perfect way for kids of all levels (from brand-new-beginners to highly advanced players) to learn to love

learning, learn that they are unspeakably smart, and learn how to absolutely demolish their parents in chess! In this kid-centered classroom environment, we teach our kids every cool trick, strategy, opening, and tactic in chessdom and our kids soon learn to love and master chess and to masterfully control their classrooms, sports fields, and home lives as well!

Vendor Description: The Knight School is a nationwide, high-energy, beginner-welcome, chess program for kids. TKS is the most compelling, kid-centered chess party in America! We provide a revolutionary, kid-oriented approach to chess as our classes and coaches unapologetically put sportsmanship first, fun second, and chess prowess third.

NOTE: This class will form with a Minimum of 6 students and a Maximum of 20 students. Visit our website: <u>https://www.theknightschool.com</u>

AND for registration, payment and refund policies: https://bit.ly/f25chess-hes

Fencing/1st-5th/13 Wednesday/3:15-4:15 by Hamp's Camp



Class Description: EnGuarde! This exciting after school fencing course introduces students to the art of swordplay in a safe, structured and fun environment. Participants will learn basic footwork, blade techniques, and the rules of the sport while building confidence, focus and coordination. No prior experience necessary – all equipment is provided.

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NOTE: This class will form with a Minimum of 7 students and a Maximum of 16 students.

Be sure your child brings their filled water bottle, and they wear comfortable clothing appropriate for the class.

Please visit our website to learn more and for registration, payment and refund policies: <u>www.hampscamp.org</u>





(Mon-Thur: September 8 – December 12)

Group Guitar/4th-5th/13 Wednesday/3:15-4:15 by Hamp's Camp



Class Description: Let your child discover the joy of strumming on their guitar in a supportive, fun, and creative environment! These small group guitar lessons are designed to teach students to learn proper finger placement, basic chords, strumming, read music notation and play simple songs. No prior experience required—just a love for music and a willingness to learn how to play the guitar in a fun way! This is a basic

class to build a foundation for future playing.

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NOTE: This class will form with a Minimum of 4 students and a Maximum of 6 students. Your child must be prepared to enjoy learning to play the guitar alongside their peers. For your child to build on each lesson attended, they will be given lessons to take home and **must must must practice** them daily at least 30 minutes at home. Keep in mind there will be an end of semester demo; thus your child must be able to play at least 3 songs successfully for the demo in order to participate in the demo as it is vital your child feels successful and proud of their hard work. A strong emphasis on practicing at home!!! Your child must bring their own guitar that is of proper fitting for their size. For proper sizing of a guitar for your child, visit a store that sells guitars. Their staff will assist you with the proper size for your child. REQUIRED to bring their guitar to each class. The instructor will not have extra guitars. **Please visit our website to learn more and for registration, payment and refund policies:** www.hampscamp.org

Magic of Matter /K-2nd/13 Wednesday/3:15-4:15 by Mad Science



Class Description: In this engaging STEM program, kids explore a variety of science topics and learn about the wonders of both life science and physical science. They explore themes and answer questions such as "What makes your hair stand up?", "Is it a magnet or is it magic?". Mad Science will provide all classroom supplies and a takehome project for each student.

Vendor Description: With over 30 years of experience, Mad Science of Houston sparks curiosity and inspires a lifelong love of science through fun, hands-on activities and exciting demonstrations. Our TEKS-aligned programs support STAAR readiness by turning classrooms into in-school science field trips—engaging students with real tools and over 200 exciting topics. Just like medical students need real instruments to learn, young scientists need hands-on experiences to truly understand science. That's exactly what we deliver: fun, educational, and impactful science enrichment that makes learning unforgettable.

NOTE: This class will form with a Minimum of 10 students and a Maximum of 15 students. Refund Policy: A 15% processing fee will be applied to all refund requests prior to the 2nd class starting. Withdrawals done after the start of the second class is not subject to a refund. Refunds will not be issued for classes missed by the child.





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Theater Arts/2nd-5th/13 Wednesday/3:15-4:15 by Hamp's Camp



Class Description: Lights, camera, imagination! This dynamic Theater Arts class invites students in Grades K–5 to step into the spotlight and explore the exciting world of acting, storytelling, and stage performance. Through creative play, character building, and ensemble work, young performers will gain confidence, communication skills, and a deeper understanding of the dramatic arts. Students will: Explore voice, movement, and facial expression, learn the basics of character development and

storytelling, practice collaboration, active listening, and creative problem-solving, engage in theater games, improvisation, and short skit, and build stage presence and performance etiquette. Each session includes fun warm-ups, dramatic play, scene work, and opportunities for student-led creativity. The course may culminate in a short showcase or informal performance to celebrate students' growth and imagination. Theater Arts is a joyful space where every voice matters and every imagination shines.

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NOTE: This class will form with a Minimum of 6 students and a Maximum of 16 students. Students must be eager and ready to have lots of fun. A demo will be scheduled at the end of the semester. Thus, the students must practice their lines at home and be ready for each class.

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<u>THURSDAY</u>

Cheer/K-5th/12 Thursday/3:15-4:15 by Houston Healthy Hip-Hop



Class Description: In the cheer afterschool program, students will develop teamwork, discipline, and leadership skills while enhancing their physical fitness and coordination. They'll learn cheer routines, stunts, and chants, building confidence and a strong sense of community.

Vendor Description: Houston Healthy Hip-Hop has been in business for over 15 years with HISD, Spring ISD, Alief ISD, Pasadena ISD, Galena ISD and several non-profits. We offer a variety of Art, Dance, Martial Arts and Sports Classes to children in the Houston Community, such as Art Multimedia, Martial Arts, Baile Folklorico, Ballet, Hip-Hop, Cheer and a variety of Sports.

NOTE: This class will form with a Minimum of 10 students and a Maximum of 15 students. Students who register for this will participate in an end of year performance which will be scheduled during the final session. Be sure your child wears comfortable clothing including closed sneakers appropriate for cheer movements. Pom Poms will be provided.

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Martial Arts/K-5th /12 Thursday/3:15-4:15 by Houston Healthy Hip Hop



Class Description: Dynamic Martial Arts!!! Our after school martial arts program offers students an exciting and empowering experience where they can develop strength, discipline, and confidence. Through guided instruction in various martial arts techniques, students will enhance their physical fitness, improve focus, and learn the importance of

respect and teamwork. Our program is designed to teach both self-defense skills and valuable life lessons, encouraging participants to set and achieve personal goals. With an emphasis on safety, fun, and character building, students will leave each session feeling accomplished and ready to face any challenge, both on and off the mat.

Vendor Description: Houston Healthy Hip-Hop has been in business for over 15 years with HISD, Spring ISD, Alief ISD, Pasadena ISD, Galena ISD and several non-profits. We offer a variety of Art, Dance, Martial Arts and Sports Classes to children in the Houston Community, such as Art Multimedia, Martial Arts, Baile Folklorico, Ballet, Hip-Hop, Cheer and a variety of Sports.

NOTE: This class will form with a Minimum of 10 students and a Maximum of 15 students. Students who register for this will participate in an end of year performance which will be scheduled during the final session. Uniform cost is included with the cost.

Please visit our website to learn more and for registration, payment and refund policies: www.houstonhealthyhip-hop.com

Mindfulness/3rd-5th/12 Thursday/3:15-4:15 by Hamp's Camp



Class Description: Help your child develop inner calm, focus, and emotional awareness through our Mindfulness & Movement class designed just for elementary-aged learners. In this nurturing and playful environment, students will learn simple techniques to manage big emotions, build resilience, and stay grounded—skills that benefit both classroom learning and everyday life. Students will: Practice mindful breathing and guided





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visualization, explore age-appropriate yoga relaxation techniques and gentle movement, learn how to name and regulate emotions, build empathy, gratitude, and kindness, and use mindfulness tools like listening games, sensory activities, and storytelling. Each class blends movement, stillness, and creativity to help students feel more centered, confident, and connected. Activities are fun, interactive, and designed with young attention spans in mind. This class is perfect for helping children slow down, breathe deeply, and build lifelong habits for emotional wellness and self-awareness. No special equipment or experience needed—just comfy clothes and an open heart!

Vendor Description: Welcome to Hamp's Camp Inc After-School Sports Program, where we believe in fostering not just athletic abilities but also teamwork, discipline, and personal growth in children. Our program offers a diverse range of sports activities designed to keep kids active, engaged, and having fun during the after school hours. "Our mission is to provide a safe, inclusive, and supportive after-school environment where children can engage in various sports activities. We aim to promote physical fitness, develop fundamental sports and performing skills, and foster confidence, teamwork and sportsmanship. Through our program, we strive to instill a lifelong love for sports and healthy habits in the participants, empowering them to grow as individuals both on and off the field."

NOTE: This class will form with a Minimum of 5 students and a Maximum of 10 students.

Be sure your child brings their filled water bottle and they wear comfortable clothing including closed sneakers appropriate for sports.

Please visit our website to learn more and for registration, payment and refund policies: <u>www.hampscamp.org</u>

Ultimate Robotic Experience/3rd-5th/12 Thursday/3:15-4:15 by American Robotics Academy



Class Description: Now is the time to explore and battle in uncharted territory. In this class, battle-bots evaluate the potential of a rough and dangerous area before moving in to save a Bot! Experts need you to build a variety of unique robots with an awesome skillset, capable of driving over any obstacle and overcoming any unfamiliar elements or elevation changes in this treacherous landscape. Students

will use gears, create structural integrity, and IR Technology to overcome the unknown. Can your robot not only survive, but thrive in the bot-battle? Students will be introduced in the first 5 weeks basic engineering concepts and create simple builds in weeks 6-14. LEGO Technic pieces that come together to create movable, steerable, controlled robots. Students will engage in a group four with assigned roles that rotate weekly. • Instructor – He or she reads the out the parts needed for the builds. • Engineer - He or she will look for the parts that the instructor reads out loud. • Builder – He or she is responsible for building the robot. • Cross Checker - He or she helps the builder and gets to drive the robot.

Vendor Description: American Robotics Academy aims to excite, inspire and motivate students in grades K-4 about the importance of engineering, robotics and coding technology. The curriculum is grade level based.

NOTE: Some workshops require a student to read the instructions. Upon registering your child, please be prepared to provide the following required information: STUDENT NAME, GRADE, CLASSROOM TEACHER, ALL PARENT NAMES AND CONTACT INFORMATION, ALLERGIES, ANY PERSONS AUTHORIZED TO PICK UP (INCLUDING CONTACT INFORMATION), AND IF





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YOUR CHILD ATTENDS YOUR CAMPUS EXTENDED DAY/AFTER SCHOOL PROGRAM. No refunds are given for student absences.

A 15% processing fee will be applied to all refunds prior to the second class starting. Withdrawals done after the start of the second class are not subject to a refund. Refunds are not issued for student absences. In addition, for registration, payment and any other information:

https://campscui.active.com/orgs/AmericanRoboticsAcademyHouston?season=3654537&session=66873037





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<u>F R I D A Y</u>

Hula Hoop Stars/K-5th/11 Friday/3:15-4:15 by Mad About Hoops



Class description: Get ready to spin into new and impressive hoop skills with our highenergy hula hoop class! This class is more than just fun and games (but we have that, too!) — it's a confidence-boosting, skill-building fitness adventure! In addition to stretching, tricks and games, students will get the chance to shine on stage during our winter showcase and then join us for a team performance at a halftime show for the MLS

in the spring semester! No experience needed — just a willingness to grab a hoop and get moving! Let the fun begin — spots fill fast!

Vendor Description: Mad About Hoops is a Houston based, women-owned company with over 10 years of experience making fitness fun for kids! We specialize in screen-free, movement-based programs that inspire confidence, creativity, and a lifelong love of active play — one spin at a time. **NOTE: This class will form with a Minimum of 7 students and a Maximum of 15 students.**

Learn more AND for registration, payment and refund policies:

www.MadAboutHoops.com